

The Touring Club of Akureyri

The Touring Program of the Touring Club of Akureyri (FFA) for 2022

The touring program is valid for one year at a time. Everybody is welcome to take part in the tours of the club, regardless of whether they are members or not. Children and teenagers are also welcome provided that they are accompanied by adults. Parents must decide whether they trust their children to go on the trips. This year the club organises six special trips for children and their families. These trips are free of charge.

The FFA reserves the right to correct mistakes, cancel trips, postpone trips or alter trips because of weather conditions or other external factors. The same will apply if the number of participants is insufficient. If the club cancels a trip the deposit or the total fare will be refunded.

The estimated duration of each trip is only an approximation, because this depends on the group and the circumstances each time. Participants travel with the FFA at their own risk. The club does not insure its participants or their belongings. We encourage our participants to buy their own travel insurance.

When participants share private cars it is the responsibility of every participant to reimburse the driver for any costs incurred.

How demanding is the tour?			easy
..			a little difficult
			strenuous
			very strenuous

All the tours depart from the office of the Touring Club of Akureyri (FFA) at Strandgata 23, Akureyri, unless otherwise stated.

January

- 1st **A walking tour on New Year's Day.** 
Departure at 13.00 in private cars.
Guide: Grétar Grímsson.
Fee: Free for all.
A guided walking tour to celebrate the New Year.

February

- 3rd **Introducing the touring program for 2022:**
We meet in Verkmenntaskóli in Akureyri at 20.00, enter via the west entrance.
Fee: Free for all.
The touring committee of FFA will describe the tours planned for 2020. There will also be a lecture, given by an invited speaker, as well as an exhibition of outdoor equipment and clothing.

- 5th **The banks of River Eyjafjardará, a ski-tour.** 
Departure at 11.00 in private cars.
Guide: Ingvar Teitsson.
Fee: Free for all.
We drive to a car park by Kaupangur farm where we leave some cars for later transport. We then drive to the bridge across Eyjafjardará river near Hrafnagil school and ski from there north along the east bank of the river.
An easy route in peaceful surroundings.
Total distance: 10 km, on nearly flat terrain.
- 12th **Þorvaldsdalur valley, a ski-tour.**  
Departure at 10.00 in private cars.
Guide: Fjóla Kristín Helgadóttir.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive in private cars to Stærri-Árskógur farm and walk from there south into the Þorvaldsdalur valley, to a hut, Derrir, on the west side of the valley. We then return along the same route
Total distance: 18 km, on nearly flat terrain.
- 19th **Baugasel in Barkárdalur valley, a ski-tour.**  
Departure at 10.00 in private cars.
Guide: Anke Maria Steinke.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Bugur cottage in Hörgárdalur valley. From there we walk west to the deserted farm Baugasel and observe the river gorge and some ruins on the way.
Total distance: approx. 12 km, vertical ascent: 80 m.
- 26th **Skíðastaðir - Þelamörk, a ski-tour.**  
Departure at 09.00 in private cars.
Guide: Frímann Guðmundsson.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Skíðastaðir, the ski hotel above Akureyri and walk from there north along the mountain slope to Sjónarhóll, a view point. From there we descend north to the Þelamerkurskóli school, perhaps enjoying a bath in the hot pool afterwards.
Total distance: approx. 10 km, vertical ascent: 160 m.

March

- 5th **Skíðadalur valley, a ski-tour.**  
Departure at 08.00 in private cars.
Guide: Frímann Guðmundsson.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Þverá farm in Skíðadalur valley and walk from there along the valley to the deserted croft Sveinsstaðir, perhaps calling in at the Stekkjarhús shepherds hut on the way. This valley is a great area for crosscountry skiing.
Total distance: approx. 17 km, vertical ascent: 220 m.
- 12th **Kristnes – Sigurðargil, a ski-tour.**  
Departure at 08.00 in private cars.
Guide: Ingvar Teitsson.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
After leaving some cars at Sigurðargil gorge we drive to Kristnes hospital inland from Akureyri. We ski north of the forested enclosure above the hospital and then head north to a rocky outcrop, Stóraborg. From there we follow an easy terrain to Stórhæð hill, a good viewpoint. Finally we descend to the carpark at Sigurdargil gorge.
Distance: approx. 9 km, vertical ascent: 440 m.
- 19th **Hrossadalur - Vaðlaheiði, a ski-tour.**  
Departure at 08.00 in private cars.
Guides: Valur Magnússon and Kristín Björnsdóttir.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to the car park on Víkurskarð pass and walk south into the Hrossadalur valley then out of the valley on to Vaðlheiði mountain to Þórisstaðaskarð – pass. We then return to Víkurskarð pass along the west side of Vaðlheiði mountain.
Total distance: 15 km, vertical ascent: 200 m.
- 26th **Galmaströnd, a ski-tour.**  
Departure at 08.00 in private cars.
Guide: Frímann Guðmundsson.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Syðri-Reistará farm west of Eyjafjörður fjord. We follow the shoreline to Hjalteyri village and observe where some of the hot water supply for Akureyri town comes from. We then walk north to Arnarnesnafir promontory and return to Syðri-Reistará via Bjarnarhóll hill.
Total distance: 12 km, on nearly flat terrain.

April

- 2nd **Engidalur - Einbúi, a ski-tour.**  
Departure at 08.00 in private cars.
Guide: Ingvar Teitsson.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Engidalur farm on Fljótshéiði east of Bárðardalur valley if road conditions allow. From there we walk north along Lake Kálfborgarárvatn and follow the Kálfborgará river to Einbúi farm in Bárðardalur. Cars must be transported from one end of the route to the other before the walk commences.
Total distance: 21 km, vertical descent: 200 m.
- 9th **Þeistareykjabunga, a ski-tour.**   
Departure at 08.00 in private cars.
Guide: Sigurgeir Sigurðsson.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Facilities at the hut.
We drive to the geothermal power station at Þeistareykir. From there we walk up to Bóndhólsskarð pass and east to the lava shield Þeistareykjabunga where we observe the crater Stóra-Víti and a big hole in the ground, Litla-Víti. There is an impressive view in all directions from the lava shield.
Total distance: 15 km, vertical ascent: 200 m.
- 23rd **Glerárdalur - Lambi, a ski-tour.**   
Departure at 08.00 in private cars.
Guides: Bernard Gerritsma and Bóthildur Sveinsdóttir.
Fee: Free for all.
We drive to a car park at Súluvegur. We walk to the Lambi hut of FFA in Glerárdalur valley and return along the same route. We enjoy the beautiful scenery in this outdoor recreational area of the Akureyri town.
Total distance: 22 km, vertical ascent: 440 m.
- 30th **Hólafjall mountain by Eyjafjörður valley, a walking-tour.** 
Departure at 08.00 in private cars.
Guide: Þuríður Helga Kristjánsdóttir.
Fee: members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Þormódsstaðir farm in Sölvadalur valley. From there we ascend the slope to the Hólafjall mountain ridge where we observe an old deserted road leading into the Central Highlands of Iceland. A fine view across the farming community and north to Eyjafjörður fjord. We follow the same route back to our cars.
Total distance: 8 km, vertical ascent: 580 m.

May

- 1st **Súlur mountain (1,143 m), a ski-tour or a walking-tour.** 
Departure at 08.00 in private cars.
Guide: Viðar Örn Sigmarsson.
Fee: Free for all.
The annual trip of the FFA to this local mountain of Akureyri town. We follow a fairly easy marked route to the summit which offers fine views of the Akureyri and Eyjafjörður area.
Total distance: 13 km, vertical ascent: 880 m.
- 7th **Gerðahnjúkur – Skessuhryggur - Blámannshattur.** 
Departure at 08.00 in private cars.
Guide: Hermann Gunnar Jónsson.
Fee: Members: ISK 3,000, others: ISK 4,500.
Included in the price: Guiding.
We drive to Grund farm in Höfðahverfi where the walk starts. We climb the Grundarhnjúkur mountain and then we carry on to Gerðahnjúkur summit and Skessurhyggur mountain (1215 m) from where we have a very fine view in all directions. Close by is the summit Blámannshattur. We then head for Benediktskambur ridge and descend to our cars.
Total distance: 13 km, total vertical ascent: 1300 m.
- 11th **A bird-watching trip for children and the whole family.**
Departure at 17.00 in private cars.
Guides: Jón Magnússon and Sverrir Thorstensen.
Fee: Free for all.
In May spring is arriving and this is a good time to get to know our birds. On this trip we aim to see and hear as many bird species as we can and we want to teach you how to recognize them, both migrational birds and those which stay here all the year round. Two entertaining bird enthusiasts are going to guide us. Please bring a pair of binoculars and a writing pad. You should also bring warm clothing as the weather might be cold.
The trip should last about two hours.
- 14th **A bird-watching trip - Melrakkaslétta.** 
Departure at 08.00 in a bus.
Guides: Jón Magnússon and Sverrir Thorstensen.
Fee: Members: ISK 13,000, others: ISK 15,000.
Included in the price: Guiding and transport.
The annual bird-watching trip of the FFA, this time to Melrakkaslétta in Northeast Iceland and to some other spots. The variety of birds in Melrakkaslétta is quite unique. The guides choose the most promising locations for observing the birds at this time of the year.

- 21st **Hegranes – a walking-tour.** 
 Departure at 08.00 in a bus.
 Guide: Ingibjörg Elín Jónasdóttir.
 Fee: Members: ISK 13,000, others: ISK 15,000.
 Included in the price: Guiding and transport.
 We drive to Sauðárkrókur town. We walk from the town east along the sea front called Borgarsandur to the western estuary of River Héraðsvötn where the legendary Jón Ósmann used to operate the ferry. We then drive south into the Hegranes area to Helluland farm. We walk through meadows and rocky outcrops into the middle of Hegranes where there is a fine view in all directions. The walk ends at the community hall of Hegranes.
 Walking distance: 12 km, on relatively flat terrain.
- 28th **Kaldbakur mountain (1,173 m) a walking- or ski-tour.**    
 Departure at 08.00 in private cars.
 Guide: Vignir Víkingsson.
 Fee: Members: ISK 2,000, others: ISK 3,500.
 Included in the price: Guiding.
 We drive to Grenivík village and walk uphill beside Grenjá river. We follow a marked route to the summit from where the view is magnificent, northeast to Langanes peninsula and into the Central Highlands of Iceland. On the summit there is a large cairn, built by Danish geodesic surveyors in 1914.
 Total distance: 12 km, vertical ascent: 1,140 m.

June

- 4th **Málmey – history, nature and culture.** 
 Departure at 08.00 in private cars.
 Guide: Herdís Zophoníasdóttir.
 Fee: Members: ISK 20,000, others: ISK 22,000.
 Included in the price: Guiding and transport by bus and boat.
 We drive to Sauðárkrókur town and sail from there to Málmey island in Skagafjörður fjord. The island offers a variety of birdlife as well as an interesting history. We walk around the island for some two hours with a local guide. We then sail towards Þórðarhöfði mountain, a short distance from Málmey and observe interesting basaltic columns. The trip should last about 7-8 hrs. Max. number of passengers on the boat: 17-20.
- 11th **Ellíði in Hjaltadalur in Skagafjörður district.** 
 Departure at 08.00 in private cars.
 Guide: Una Þórey Sigurðardóttir.
 Fee: Members: ISK 3,000, others: ISK 4,500.
 Included in the price: Guiding.
 We drive to Víðinesdalur valley in Skagafjörður district and walk along a sheep path from there up to Almenningsháls ridge. We then follow the Ellíði ridge west until we descend to a fence gate where cars await us. The view from the Ellíði ridge is breathtaking.
 Total distance: 15 km, maximal height attained: 894 m.

11th **Fálkafell – Gamli – Hamrar, a trip for children and their families.**

Departure at 10.00 in private cars.

Guide: Ásrún Ösp Jónsdóttir.

The walk starts just below the Fálkafell hut and we pass the hut and walk to Gamli hut further south along the slope and from there downhill to the camping place at Hamrar.

Fee: Free for all.

Total distance: 5,5 km, vertical ascent: 190 m.

18th **A flower and yoga trip to Leyningshólar forest.** 🧘

Departure at 13.00 in private cars.

Guides: Brynhildur Bjarnadóttir and Þóra Hjörleifsdóttir.

Fee: Free for all.

We drive to Leyningshólar by Villingadalur valley and walk down into the woodland along an old road. The guides introduce us to the trees and flowers which we observe along the paths. The participants will get an opportunity to experience the peace and tranquility of this beautiful area in the Eyjafjarðardalur valley.

An easy walk, suitable for most people.

Total distance: 8 km, mostly on relatively flat ground.

19th **Tyrfingsstaðir – Merkigil – Ábær - Skatastaðir.** 🥾

Departure at 08.00 with a bus.

Guide: Herdís Zophoníasdóttir.

Fee: Members: ISK 13,000, others: ISK 15,000.

Included in the price: Guiding and transport.

We drive to Skagafjörður district and to Kjálki area where we stop at Tyrfingsstaðir farm and have a look at an old turf house. We then drive to Gilsbakki farm and walk from there south across the very impressive Merkigil gorge to the deserted Merkigil farm. From there we follow a gravel road to the deserted farm Ábær where we take a look at the local church. We then return a short distance down the Austurdalur valley and cross the mighty Jökulsá eystri river with a cable car to the deserted farm Skatastaðir where our bus awaits us.

Total distance: 17 km, vertical ascent: very limited, mostly on flat ground.

21st-

24th **A walking week – see the website: www.ffa.is**

21st **Summer solstice on Þengilhöfði hill.** 🥾

Departure at 21.00 in private cars.

Guide: Roar Kvam.

Fee: Free for all.

We drive to Grenivík village and follow a walking path from there up onto Þengilhöfði hill. An easy walk, suitable for most people.

Total distance: 4 km, vertical ascent: 260 m.

22nd **Skjaldarvík - Gásir.** 🥾

Departure at 19.00 in private cars.

Guide: Björn Vigfússon.

Fee: Members: ISK 2,000, others: ISK 3,500.

Included in the price: Guiding.

We drive to Skjaldarvík just north of Akureyri and walk from there along the beautiful shoreline of Eyjafjörður fjord to a promontory, Gáseyri, at the estuary of River Hörgá. Here there was an international trading village, Gásir, in the Middle Ages and we will observe some protected ruins at the site of the village.

Total distance: 7 km, vertical ascent: very limited, mostly on flat ground.

23rd **Kræðufell.** 🥾🥾

Departure at 19.00 in private cars.

Guide: Roar Kvam.

Fee: Members: ISK 2,000, others: ISK 3,500.

Included in the price: Guiding.

We drive to the car park on Víkurskarð pass and walk along a marked walking path to Ystuvíkurfjall mountain where we turn north towards Kræðufell mountain. The view from the summit west across Eyjafjörður fjord and north toward Hrísey island is magnificent.

Total distance: 12 km, vertical ascent: 400 m.

24th **Summer solstice on Múlakolla mountain (970 m).** 🥾🥾🥾

Departure at 20.00 in private cars.

Guides: Bernard Gerritsma and Bóthildur Sveinsdóttir.

Fee: Members: ISK 2,000, others: ISK 3,500.

Included in the price: Guiding.

We drive to Ólafsfjörður and walk up from the old road around Ólafsfjarðarmúli north of Brimnesá river. Múlakolla is a good location for observing the midnight sun.

Total distance: 8 km, vertical ascent: 930 m.

25th **Fossdalur.** 🥾
Departure at 08.00 in private cars.
Guide: Helga Guðnadóttir.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Ytri-Á village near Ólafsfjörður town. We walk from there north along the sea front to Fossdalur valley where we observe Hvanndalabjarg rock face with the tallest sea cliffs in Iceland. An ideal walking trip for most people.
Total distance: 10 - 12 km, vertical ascent: 100 m.

25th **Summer solstice on Haus mountain, a trip for children and their families.**
Departure at 21.00 in private cars.
Guide: Herdís Zophoníasdóttir.
We drive to Öngulsstaðir farm and follow a marked walking trail from there to the cairn on Haus, which is a promontory on the northern end of Staðarbyggðarfjall mountain.
Fee: Free for all.
Total distance: 3,3 km, vertical ascent: 270 m.

July

1st- **Krepputunga – Sönghofsdalur, a camping trip.** 🥾
2nd Departure at 16.00 in private cars, 4x4 vehicles.
Guide: Ingvar Teitsson.
Fee: Members: ISK 6,500, others: ISK 8,500.
Included in the price: Guiding.
We drive through Mývatnssveit to Möðrudalur farm. From there we drive along a mountain track to Arnardalur oasis where we camp. The following day we drive to the bridge across River Kreppa and walk from there north across sands and easy lava fields to the oasis Kreppulindir with its clean wells and lush vegetation. We return to Akureyri in the evening.
Total distance: 18 km, on relatively flat terrain.

2nd **History and culture of Austur-Húnavatnssýsla district, a bus tour.**
Departure at 09.00 by bus.
Guide: Bragi Guðmundsson.
Fee: Members: ISK 15,000, others: ISK 17,000.
Included in the price: Guiding and bus transport.
We drive to Sauðárkrókur town and from there around Skagi peninsula and observe Ketubjörg sea cliffs and Kálfshamarsvík bay on the way. After having lunch in Skagaströnd village we drive to Blönduós town and visit the Hrótey sanctuary. We then drive through the countryside by Lake Svínavatn and return to Akureyri in the evening.

- 2nd **Fishing in Nýphólstjörn pond, a trip for children and their families.**
 Departure at 10.00 in private cars.
 Guide: Fjóla Kristín Helgadóttir.
 We drive to Stórutjarnir farm and walk from the farm up to the pond where we can catch some trout, so bring a fishing rod.
 Fee: ISK 1,000 per fishing permit.
 Total distance: 2.9 km, vertical ascent: 250 m.
- 9th **Þverbrekkuhnjúkur mountain (1173 m).** 🥾🥾🥾
 Departure at 08.00 in private cars.
 Guide: Viðar Örn Sigmarsson.
 Fee: Members: ISK 3,000, others: ISK 4,500.
 Included in the price: Guiding.
 We drive to Háls farm in Öxnadalur valley and walk from there through Vatnsdalur valley to the summit of the mountain. We return east through Bessahlaðaskarð pass and walk down to the cars.
 Walking distance: 19 km, vertical ascent: 940 m.
- 14th-17th **Bræðrafell - Askja.** 🥾🥾🥾
 Departure at 08.00 in private cars (4x4 necessary).
 Guide: Maria Johanna van Dijk.
 Fee: Members: ISK 25,000, others: ISK 30,000.
 Included in the price: Accommodation and guiding.
Day 1: We drive from Akureyri to Herðubreiðarlindir oasis. After lunch we walk to Bræðrafell hut, across lava fields north of Herðubreið mountain but our cars will be brought to Dreki hut by the hut wardens.
 Walking distance: 17 km.
Day 2: We climb the lava shield Kollóttadyngja and observe the huge crater in this old volcano. Then we walk to the Bræðrafell mountain and observe many interesting geological features there, after which we return to the hut.
Day 3: We walk from Bræðrafell hut south to Dreki hut by Drekgil gorge and stay overnight in Dreki hut. Walking distance: 17 km.
Day 4: We walk from the Dreki hut west across the Dyngjufjöll massif into the Askja caldera. The group will be collected from the car park at Öskjuop and brought back to Dreki where our cars await us. We return home that evening.
- 16th **Kerling mountain (1,538 m) – a seven summits walk.** 🥾🥾🥾
 Departure at 08.00 by bus and private cars.
 Guides: Baldvin Stefánsson and others.
 Fee: Members: ISK 5,000, others: ISK 7,000.
 Included in the price: Guiding and bus transport.
 We drive to Finnastaðir farm south of Akureyri. From there we ascend Kerling, the highest mountain in Eyjafjörður district. Then we walk north across the summits Hverfandi, Þríklakkar, Bónði, Litli-Krummi, Stóri-Krummi, Syðrisúla og Ytrisúla. Finally we descend into Glerárdalur to the car park at Heimari-Hlífá.
 Walking distance: 20 km. Vertical ascent: 1,440 m.

16th **Hálshnjúkur mountain, a trip for children and their families.**

Departure at 10.00 in private cars.

Guide: Hulda Jónsdóttir.

Fee: Free for all.

We drive to Efri-Vaglir house in Vaglaskógur forest and follow a fairly steep path up to the summit of Hálshnjúkur mountain. A magnificent view from the summit.

Total distance: 4 km, vertical ascent: 400 m.

17th **Timburvalladalur – Hjaltadalur, electric mountain bikes.**



Departure at 08.00 in private cars.

Guide: Stefán Sigurðsson.

Fee: Members: ISK 5,000, others: ISK 6,500.

Included in the price: Guiding and bike transport.

We drive to the deserted farm Bakkasel in Timburvalladalur valley. From there we cross Bakkaá river on a bridge and head for Staupasteinn hut in Hjaltadalur valley. The valley is beautiful with lush vegetation. The bikes will be transported on a specially designed trailer.

Total distance: 36 km, vertical ascent: 250 m.

23rd **Laxárdalur in Austur-Húnavatnssýsla district.** 🦶

Departure at 08.00 in a bus.

Guide: Þorlákur Axel Jónsson.

Fee: Members: ISK 13,000, others: ISK 15,000.

Included in the price: Guiding and transport.

We drive to Gautsdalur farm in Laxárdalur and walk from there northwest to the deserted farm Kirkjuskarð. Our guide has a good local knowledge of this community which was thriving well into the 20th century but is now totally deserted.

Total distance: 13 km, vertical ascent: very limited.

24th- **The Askja-trail.** 🦶

28th Departure at 17.00 in a bus.

Guide: Guðlaug Ringsted.

Fee: Members: ISK 75,000, others: ISK 80,000.

Included in the price: Transport, accommodation and guiding.

A four-day walking tour in the Ódáðahraun lava wilderness, following the Askja-trail which the FFA established some years ago.

Day 1: We drive from Akureyri to Dreki hut and look around the Herðubreiðarlindir oasis on the way. The bus drives on and deposits some of our provisions in the Dyngjufell hut and in the Botni hut.

Day 2: We walk from Dreki hut across the eastern part of Dyngjufjöll massiv into the Askja caldera. We look at the crater Víti and perhaps go for a swim in it. A bus picks us up at the car park in Öskjuop pass, bringing us back to Dreki hut. Walking distance: 13-14 km.

Day 3: We drive up to Öskjuop pass and walk from there northwest across the Dyngjufjöll massiv through the Jónsskarð pass to Dyngjufjalladalur valley where we stay overnight in the Dyngjufell hut. Walking distance: 14 km.

Day 4: We walk north towards Suðurárbotnar oasis and spend the night in the Botni hut. Walking distance: 20-22 km.

Day 5: We follow a jeep track through the Suðurárbotnar oasis to the Svartárkot farm in Bárðardalur valley where the bus picks us up. Walking distance: 15-16 km.

31st- **Lambi hut in Glerárdalur valley, a trip for children and their families.**

1st Au. Departure at 10.00 in private cars.

Guide: To be announced.

Overnight fee for adults: Members: ISK 3,500, others: ISK 5,500, free for children.

We drive to the car park at Heimari-Hlífá where the walking path to Sútur begins. We follow the walking path to the Lambi hut and stay there overnight. We return home along the same route the following day.

Total distance: 22 km, vertical ascent: 440 m.

August

6th **Uxaskarð - Héðinsfjörður.** 

Departure at 08.00 in private cars.

Guide: Björn Z. Ásgrímsson.

Fee: Members: ISK 3,000, others: ISK 4,500.

Included in the price: Guiding.

We drive to the deserted area Héðinsfjörður and walk into Héðinsfjarðardalur valley and up to Uxaskarð pass (700 m). From the pass we get an impressive view of the high mountains around. We also see down Ámárdalur valley through which we descend to Héðinsfjörður valley.

Total distance: 16 km, vertical ascent: 670 m.

12th- **Herðubreið mountain (1,682 m).** 

14th Departure at 17.00 in private cars.

Guide: Leo Broers and Viðar Örn Sigmarsson.

Fee: Hut accomodation: Members: ISK 13,000, others: ISK 18,000.

Tent accommodation: Members: ISK 9,000, others: ISK 12,000.

Included in the price: Accommodation and guiding.

We drive to Herðubreiðarlindir oasis and stay there overnight in the hut or in tents. We climb the mountain on the Saturday and return home the following day. Herðubreið mountain was once voted the national mountain of Iceland. The view from the summit is absolutely breathtaking.

Participants are required to bring a helmet, an ice axe and crampons.

Vertical ascent: 1,000 m.

13th **Böggvisstaðadalur – berry picking, a trip for children and their families.**

Departure at 10.00 in private cars.

Guide: Ásrún Ösp Jónsdóttir.

Fee: free for all.

We drive to the car park at the church in Dalvík town and walk from there to the Kofi hut in the Böggvisstaðadalur valley. There is normally rich berry picking in this area so please bring some containers for the berries.

Total distance: 8.5 km, vertical ascent: 270 m.

- 20th **Hálshnjúkur mountain (627 m) by Vaglaskógur forest.** 🥾
Departure at 08.00 in private cars.
Guide: Ósk Helgadóttir.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Efri-Vaglir house in Vaglaskógur forest and follow a fairly steep path up to the summit of Hálshnjúkur mountain. A magnificent view from the summit.
Total distance: 4 km, vertical ascent: 400 m.
- 21st **Nípa - Náttfaravíkur, electric mountain bikes.** 🚲. 🚲. 🚲.
Departure at 08.00 in private cars.
Guide: Stefán Sigurðsson.
Fee: Members: ISK 5,000, others: ISK 6,500.
Included in the price: Guiding and bike transport.
We drive to Nípa farm in Kaldakinn area. We bike from the farm up a rough jeep track behind the Bakrangí mountain and cross Purká river on a bridge. From there we follow a jeep track to just above the deserted Naustavík farm by the Skjálfandi bay. Beautiful views on the way. This trip is mainly for experienced mountain bikers. The bikes will be transported on a specially designed trailer.
Total distance: 37 km, vertical ascent: 1,000 m.
- 27th **Lake Tungudalsvatn in Fljót area.** 🥾
Departure at 08.00 in private cars (4x4 necessary).
Guide: Una Þórey Sigurðardóttir.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive west across Lágheiði pass to Lundur farm in Fljót. We turn west off the main road and drive across the river to some summer houses. From there we walk southwest up Tungudalur to the lake which is a hidden treasure. Normally there are a lot of berries and Iceland moss in this area.
Total distance: 10 km, vertical ascent: 290 m.
- 28th **A guided walk in collaboration with Akureyri Tourist Information Centre**
Further information see: www.ffa.is

September

- 3rd **Skeiðsvatn – a walking and yoga tour.** 🥾
Departure at 08.00 in private cars.
Guide: Þuríður Helga Kristjánsdóttir.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Skeið farm in Svarfaðardalur valley. From the farm we walk along a track into Vatnsdalur valley and to Skeiðsvatn lake. We observe the surroundings of the lake where the autumn colours should be at their best. We do our best to take onboard the peace and tranquility of the area.
Total distance: 8 km, vertical ascent: 190 m.

- 10th **The Krafla eruption site – craters and lava formations.** 
Departure at 08.00 in private cars.
Guide: Þóroddur F. Þóroddsson.
Fee: Members: ISK 3,000, others: ISK 4,500.
Included in the price: Guiding.
We drive to a car park by Víti crater in the Krafla caldera northeast of Lake Mývatn.
We walk along a jeep track to Hreindýrahóll hill and enjoy the view from the hill. We then walk north to Sandmúli hill and observe lava and craters from the 1980 eruption.
We return along a volcanic rift from 1981.
Total distance: 20 km, vertical ascent: 200 - 300 m.
- 11th **Svartárvot - Suðurárbotnar, electric mountain bikes.** 
Departure at 08.00 in private cars.
Guide: Stefán Sigurðsson.
Fee: Members: ISK 5,000, others: ISK 6,500.
Included in the price: Guiding and bike transport.
We drive to Svartárvot farm in Bárðaradalur valley. We bike from the farm along a good jeep track for 7 km, after which we follow a rough track through lava fields by Suðará river to the Botni hut which is owned by the FFA. We enjoy the view along the route and admire the freshwater wells which spring forward from under the lava fields.
We then return to Svartárvot farm. The bikes will be transported on a specially designed trailer.
Total distance: 30 km, on relatively flat ground.
- 17th **Hólmatungur – Ásbyrgi: autumn colours in Jökulsárgljúfur.** 
Departure at 08.00 by bus.
Guide: Guðlaug Ringsted.
Fee: Members: ISK 14,000, others: ISK 16,000.
Included in the price: Guiding and transport.
We travel by bus to Hólmatungur in Jökulsárgljúfur National Park. We then walk north along the gorge of River Jökulsá á Fjöllum which has shaped the landscape here during massive floodings in the past. We walk through Hólmatungur, Vesturdalur, Hljóðaklettur and Kvíar, ending at the information centre in Ásbyrgi.
Total distance: 23 km, on relatively flat ground.
- 24th **Dagmálanibba (860 m).** 
Departure at 08.00 by private cars.
Guide: Þuríður Helga Kristjánsdóttir.
Fee: Members: ISK 2,000, others: ISK 3,500.
Included in the price: Guiding.
We drive to Hof farm in Svarfaðardalur valley and ascend the slope above the farm north of Hofsa river, then turn north above Hofsskál cwm. We then ascend northeast to the top ridge of the mountain just south of the peak Dagmálanibba.
Total distance: 10 km, vertical ascent: 830 m.

October

1st **Sölvadalur – river gorge.** 🥾

Departure at 09.00 in private cars.

Guide: Njáll Kristjánsson.

Fee: Free for all.

Included in the price: Guiding.

We drive to Sölvadalur valley inland from Akureyri and walk along the very impressive gorge which the river has created in the valley bottom. The vertical ascent during the walk is insignificant.

November

5th **Lake Þverbrekkuvatn.** 🥾

Departure at 09.00 in private cars.

Guide: Herdís Zophoníasdóttir.

Fee: Free for all.

We drive to Háls farm in Öxnadalur valley and walk from there up to the lake. This is an easy walk in magnificent surroundings.

Total distance: 4 km, vertical ascent: 140 m.